



About Stratos MedTech

At Stratos MedTech, based in Queensland, Australia, we are driven by a singular mission:

Empowering women to improve their pelvic health through innovative, non-surgical solutions.



Looking for more clinical evidence? Click on our QR code!

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A Game-Changer for Pelvic Health



Clinician Choice for Pelvic Health

The Problem with Doing Kegels on Your Own

Pelvic floor muscle exercises (PFME) are important for improving and maintaining pelvic floor health, but most women struggle to do them correctly or consistently without even realizing it.

Here are some key things to keep in mind when considering PFME:

- Many women who do Kegels perform them incorrectly without guidance
- On their own, many women stop PFME programs due to a lack of motivation.

Don't let these obstacles prevent you from having success with PFME.



PeriCoach: The Smart Pelvic Floor Trainer that Works

The PeriCoach probe is sleek and comfortable. Its advanced sensors are correctly placed to detect muscle contractions and releases as you exercise.

The PeriCoach App supports standard and customizable programs for strengthening and relaxing the pelvic floor by providing real-time biofeedback to relax overactive muscles, improve control, and ensure proper technique with every contraction.

The PeriCoach comes with a discreet charging case that makes it easy to store, transport, and charge your PeriCoach.

Want expert support? The PeriCoach connects to an online portal where your doctor or therapist can review your progress and make recommendations to help you achieve the best results.

Why Women Love PeriCoach

PeriCoach allows you to take control of your bladder health easily, effectively, and from the comfort of your home.

- **No More Guesswork:** PeriCoach guides you step-by-step with real-time feedback, ensuring that you are doing exercises correctly.
- **See & Feel the Progress:** PeriCoach's tracking system demonstrates your progress to keep you motivated over time.
- **Discreet & Comfortable:** Designed for busy women to use at home or on the go with complete discretion and privacy
- **Doctor Recommended & Clinically Proven:** PeriCoach is supported by health professionals like yours, clinically tested for effectiveness, and trusted by women worldwide.

